



Brain | Heart
Education



Campus Outreach Services Sexual Assault Education: A Comprehensive List of Student Programs

All COS Sexual Assault Programming:

- Incorporates your school's policy.
- Meets the requirements of Title IX and VAWA—and we can provide you with certification.
- Comes with a free pre-training webinar for your student leaders.
- Includes access to our online resource folder, containing: pre- and post- tests to measure efficacy, promotional materials, curriculum guides, handouts, and more.
- Reaches both the **brain** and the **heart**. We enrich the mind with science and important concepts, and inspire the heart so that students become active bystanders in your community.

No-Yes: Katie Koestner's Personal Story

Katie Koestner was on the cover of TIME Magazine as the first woman in history to publicly speak out about being a victim of date rape. She has shared her personal story at 2,500 schools. She addresses sexual assault, respect, consent, healthy decision-making, and alcohol, while inspiring students to become active bystanders in your community.

To see the trailer, please click here: <http://youtu.be/iU3CTRN2rnk>.

Full program description and her bio are below.

He Said-She Said Interactive Case-Study

An interactive case-study where actors display the story of two students, and the audience gets to play jury. This program utilizes comedy and audience participation to tackle the tough topics of sexual assault, alcohol, consent, and bystander intervention. These four case-studies are available:

- He Said-She Said: Male aggressor, female victim
- She Said- He Said: Female aggressor, male victim
- She Said- She Said: Female aggressor, female victim
- He Said- He Said: Male aggressor, male victim

To see the trailer, please click here <http://youtu.be/ZSEPbxTyzFg>.

Please email inspire@campusoutreachservices.com for a trailer for one of the four specific programs.

Full program description below.

Online Learning Modules

ThinkDrink addresses high-risk drinking.

ThinkLuv addresses sexual assault.

Customized, 30-minute, Hollywood-style movies permute to the user's demographics, and immerse your students in the plot as they make real-time decisions that affect the outcome of the story. Pre- and post-tests prove efficacy in four areas: knowledge, attitude, behavior, and bystander skills.

To see a clip or walk through the course, please email sapia@campusoutreachservices.com.

Sexual Assault Survivor Personal Stories

Survivors share their engaging stories with your students to educate and inspire.

Topics addressed:

1. Bystander Engagement
2. Consent
3. Alcohol and Incapacitation
4. Coercion, Power, and Respect
5. Healthy Decision-Making
6. Policy and Resources

Diverse Presenters Available:

1. Female and Male Survivor Stories
2. Female Survivor of Dating Violence
3. Gay and Lesbian Survivors
4. A Deaf Survivor of Sexual Abuse
5. Survivors of all Races and Backgrounds

Inspire your students with a sexual assault education program:

inspire@campusoutreachservices.com

866-966-9013

Full Program Descriptions and Katie Koesnter's Bio:

Program: He Said-She Said: The Case of Erika and Jake

Topic: Alcohol, Sexual Assault, and Respect

The Jury is IN! Two students are in the same Calculus class. They become study partners. One night they meet up at a party. The story of their hook-up is clouded by alcohol. Did someone cross the line, or did both behave irresponsibly? Join our jury, hear the case and decide for yourself!

Get your students thinking about respect, relationships, communication, hook-ups and alcohol. Everyone gets to think about their role in the plot line of a real-life case of hook-up gone wrong. Who's at fault, or is everyone responsible? Where do you draw the line, and what does your school policy say about the situation? Our skillful, entertaining presenters confront common rape myths and tear down conventional defenses around acquaintance rape. When is someone too drunk to be able to give consent? Is it possible for one person to feel violated and the other to believe the same experience was consensual? What if neither party can remember exactly what happened—is anyone at fault then? Get all the answers, plus debate and discuss with your peers!

We put the spotlight on communication, responsible decision-making and clear expectations. Plus, your entire community is challenged to consider their roles as bystanders. This program has been featured as the new student orientation program at Dartmouth University, Brown University, the University of San Diego, Haverford College, the US Naval Academy, Hamilton College, Holy Cross University, Stonehill College, and many others. We have performed it for military bases, judges, prisons, schools, police officers, and many others from coast to coast!

Learning Outcomes

1. Students will understand how alcohol impacts decision making abilities when it comes to relationships and romantic encounters.
2. Students will understand that 90% of sexual assaults in college involve alcohol or some other drug.

3. Students will understand what constitutes consent under the law in sexual relationships, including statutory sexual assault.
4. Students will learn bystander intervention skills.
5. Students will learn how to intervene and be more proactive in social settings when they see their friends in vulnerable situations.
6. Students will learn how to clearly communicate with their partner about their expectations and boundaries.
7. Male students will learn ways to be positive role models for other male students.
8. Female students will learn how to be empowered to get out of high risk situations before they escalate.
9. All students will learn how a positive self-esteem helps to reduce risk.
10. Students will learn how to help a friend or relative who has been sexually assaulted.

Program: No-Yes by Katie Koestner

Topic: Alcohol, Sexual Assault, and Responsible Decision-Making

To both educate and inspire at the same time can be a challenge, but this is exactly what Katie accomplishes on sexual assault. Katie shares her story as she weaves in key issues on sexual assault to meet the guidelines of the Campus SaVE Act and comply with federal mandates. As she tells her own story, she artfully weaves in these key topics:

1. The role of alcohol and drugs as the impact the ability to give legal consent.
2. The prevalence of sexual assault among women and men in the college environment.
3. Ways that students can reduce their own risk for sexual assault.
4. Ways that students can be proactive bystanders in their community and intervene in potentially risky situations.
5. Characteristics of abusive relationships.
6. Characteristics of healthy relationships.
7. How to communicate limits and boundaries.
8. How to get out of a risky situation.
9. What steps to take if you or a friend has been victimized.
10. How to report sexual assault.
11. How to obtain medical attention and psychological support.
12. Ways that each member of a community, regardless of gender, race, religion, or any other "difference" can make a difference in creating a positive, respectful community.

Listening to Katie's story is engaging; watching her audience listen is enthralling. Students slouched in their seats when she starts not only sit up straight within the first few minutes, but actually are leaning in toward her by the time she is providing additional stories from students across the county. Katie shares a message of courage through her personal story that goes well beyond the hour after her program. Her audiences remember her words, her strength and her conviction. They incorporate her examples into their next steps in life.

This is the program that has been requested Brown, Dartmouth, MIT, Amherst, Williams, Kenyon, West Point, the US Naval Academy, and many of our most competitive colleges for their incoming students. Independent schools such as Phillips Andover Academy, St. Johns, and Lawrenceville host Katie frequently. Her program provides students with just the right blend of facts, statistics, realism, and thought-provoking challenges around relationships, respect, alcohol, and decision-making. Her audience warms to her engaging speaking style as she lays the groundwork for proactive, long-term attitude and behavior change.



Katie Koestner

- *First date rape survivor to speak out nationally*
- *Renowned student safety and wellness expert*
- *Testimony on Capitol Hill was instrumental in the passage of federal student safety legislation*

Katie Koestner has been committed to promoting student safety since she was the first to speak out nationally at age eighteen as a survivor of date rape. From the cover of *TIME Magazine* and *The Oprah Winfrey Show* to Phillips Academy Andover and West Point, she ubiquitously captivates and challenges audiences to confront injustice. Learn more about Katie and her most popular programs, "[No-Yes](#)" and "[Building Your Digital Dossier](#)."

Biographical Sketch:

Katie Koestner is a national expert on student safety and teen relationship culture. She has been a leader in the movement to end sexual violence since she took her own solo stand as the first survivor of date rape to speak out nationally at age eighteen. After appearing on the cover of *TIME Magazine* on June 3, 1991, Katie worked with HBO to make a documentary film about her story. Subsequently, she has appeared on nearly 50 national television programs and spoken at more than 2000 college and school campuses. She has assisted the United States Department of Education in developing and providing programs to women in high-risk communities. Her testimony on Capitol Hill was instrumental in the passage of federal student safety legislation.

Listening to Katie speak is incredibly engaging; watching her audience listen is enthralling. Students have recited memorable messages to her during chance meetings years later in airports and on the street. With an intrinsic ability to present difficult subject matter in an approachable manner, Katie relates key facts and statistics weaved with personal anecdotes and real-life stories to produce indelible presentations with lasting results.

Highlights & Accomplishments

Featured on *The Oprah Winfrey Show*, *Geraldo*, *NBC Nightly News*, *CNBC Talk Live*, *Larry King Live*, *Good Morning America*, *CNN*, and scores of other national and local news programs

Interviewed for articles in *The Washington Post*, *The New York Times*, *The Chicago Tribune*, *The Los Angeles Times*, *The Philadelphia Inquirer*, *The Journal of Higher Education*, and numerous other national publications

Served as the Lead Consultant for U.S. Campaign about Violence Against Women, Tour of India with U.S. Ambassador to India in 2010

Awarded Honorary Doctorate of Public Service in 2007 by Coe College for extensive work on student safety and public service

